Addictions and substance abuse are a global and widespread problem in today’s society. Millions of men and women are guilty of substance abuse. **Addiction ruins lives and destroys bodies** and is now narrowly defined as “uncontrolled, compulsive use”. Substance abuse such as alcohol and drug abuse is an illness of the mind and body – however, **the good news is it can be treated**. Addiction can also be seen as immoral conduct. Alcohol and drug abuse happens in virtually each demographic group and are not only limited to drugs and alcohol. Individuals may be addicted to a lot of substances, such as medication, and it takes place when individuals behave compulsively, irrespective of the consequences.

People that suffer from alcohol and drug abuse are **commonly highly intelligent** individuals. No addiction should actually be taken lightly; each and every can be a complex and unique dilemma that must be dealt with based on the individual requirements. Addictions of any sort or to any drug can have horrible negative side effects. The use of methamphetamine is particularly self-defeating. Crystal meth which is most frequently smoked inside a pipe leads to a virtually instantaneous dose of the drug to the brain. Overdosing can result in heart palpitations and serious convulsions, followed by circulatory and respiratory collapse, and even death.

Substance abuse of drugs for example heroin to meth or crack, and even alcohol has both **physical and emotional dependency**. Though detox might be needed in any rehab, it can take as long as 21 days for physical dependency to wear off the drug, it can dry out the saliva, which leads to rapid tooth decay. Meth has similar impacts as cocaine and at times is referred to as “poor man’s cocaine.” The use of meth started as a drug for truckers who needed to remain awake for a long time.

Substance Abuse amongst drug users happens quite often with more than one drug or substance at a time. Results from the past have confirmed that it is really **seriously difficult to beat drug addiction**. The initial step will be to make the decision to quit and to ask for assistance. Some potent drugs, for example marijuana and heroin, are even capable to provoke neurons due to the fact that their chemical structure is like an organic neurotransmitter. This similarity in their chemical structures in fact dupes nerve receptors and encourages the drugs to each lock into and then stimulate the actual nerve cells. Drugs are so addictive since they **provoke the pleasure circuit inside the brain**, which entertains a vicious cycle of continued drug abuse. Methamphetamine releases high levels from the neurotransmitter dopamine, which stimulates brain cells, causing an enhanced good mood and body movement.

When there is withdrawal from alcohol and drug abuse, when ending the use of any drugs or perhaps tobacco, no matter how addicted, it should really be remembered that a person can stop the substance abuse. Smokers should really keep in mind the addictive nature of nicotine and be prepared to accept withdrawal signs and symptoms as a consequence of stopping the habit. Withdrawal is actually a **temporary condition** that, though unpleasant, will not be dangerous. Several addicts will sustain their addictions, to avoid withdrawal sickness. Withdrawal should not be such a problem when using **Super Oxygen™** as these capsules will assist to **detox the body** by flooding it with additional oxygen. People with substance abuse has reported that the craving for these drugs disappear with the use of **Super Oxygen™**. “The urge for smoking
disappears!” has been reported by a few chain smokers plus a mother in Cape Town had the following to say about her 30 year old son that was addicted to “Tik”- “My son isn’t like a 4 year old any longer. **Since he began the use of Super Oxygen™, I’ve got my son back!** I just need to have assurance that these capsules will still be on offer for the following six months, as I don’t want to lose him again” This mother has a standing order for every month to get Super Oxygen™ to ensure her son’s health and to help keep him away from the addiction.

Alcohol and drug abuse harm the brain inside in such a way that is comparable to that of carbon monoxide poisoning. Each and every occurrence of abuse robs the brain of essential oxygen – leaving in its path dead and damaged cells. It has **scientifically been proven that Oxygen Therapy rejuvenates the damaged brain cells and tissues**, while minimizing withdrawal syndrome. The tissue in the human body requires oxygen to function, and any tissue that is damaged demands a greater amount of oxygen to heal. Severe injuries can have an effect on the body’s all-natural blood oxygen level, but Oxygen Therapy increases the concentration of oxygen in the blood back to standard levels, to enable damaged tissues to resume their functions with better efficiency.

Oxygen Therapy seems to be effective at restoring cell function in tissues everywhere in the body. According to some experts, Oxygen Therapy can even restore some cells within the brain with its delivery of larger than regular concentrations of oxygen. Hyperbaric Medicine has been repairing brain injuries for 30 years, but no one would acknowledge it due to the fact everybody “knew” that it was not possible. **The intense flood of oxygen in the blood can stimulate cell growth**, promote the formation of new blood vessels and fight infections. Different body parts will have cellular regeneration as a result of more saturation of oxygen that is infused in these organs by the use of Oxygen Therapy. Stroke patients and Alzheimer patients have noted exceptional improvements in brain function just after using Super Oxygen™.

Recovery from substance abuse problems and addictions is usually referred to as a recovery of mind, body and spirit. **Recovery is more than stopping drug or alcohol abuse.** Abstaining is essential, but it’s just the starting. True recovery also requires examining old choices where you can make new and healthier selections. Drug and Alcohol Abuse programs help men and women identify situations that trigger the abuse. These programs also assist persons to develop life management skills so they can have a life without the substance abuse.

**Oxygen Therapy is definitely the new paradigm in repairing damaged brain cells** due to long-term alcohol and drug abuse. It is proven that **Oxygen Therapy helped to improve the inside lining of blood vessels.** It also assists to develop **new blood vessels** in the tissue and have got the capability to detox the body. **Cell regeneration** is one of the advantages of Oxygen Therapy. Pure oxygen combats that free radicals destroy cells on a molecular level and also age body organs before their time. It is now time to recognize that a life free from addiction is just not only possible, but it is also a life worth living. Start now by making use of Super Oxygen™, and live life!